

**Agape House of Worship  
Wednesday Bible Study**

**Topic: Looking unto Jesus**  
**Text: Hebrews 12:2**

**Wednesday, May 8, 2024**  
**Facilitator: Minister Hephzibah Akintobi**

SCRIPTURE FOCUS: **Hebrews 12:2** says, *"Looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God."*

**CASE STUDY: Mathew 14:26-33**

### **INTRODUCTION**

"Looking unto Jesus, the author and finisher of our faith" is a powerful statement that encapsulates the essence of Christian belief. This profound concept **invites us to explore the significance of Jesus in our spiritual journey**, understanding Him not only as the initiator but also as the one who brings our **FAITH** to completion. In every situation, whether in times of trial, temptation, or joy, we are called to fix our eyes on Jesus. In this study we shall examine how to fix our eyes on Jesus, the benefits, etc

### **When We Look unto Jesus, We See:**

1. **The Author of our Faith:** He began the work of faith in us, calling us to Himself and revealing the truth of God's love and salvation. Hebrews 11:1-3 TPT
2. **The Finisher of our Faith:** He completes what He starts. Our faith journey finds its fulfillment in Him. He empowers us to persevere through trials, just as He endured the cross for the sake of the joy set before Him.
3. **The One who Endured:** Jesus endured unimaginable suffering on the cross, despising the shame, because of the joy set before Him—the redemption of humanity and the restoration of relationship with God. He Shows us that He has gone through it before.
4. **The One Who Reigns:** He now sits at the right hand of the throne of God, victorious over sin, death, and all powers, ruling in majesty and interceding for us.

**Question: What takes our eyes away from Jesus?**

### **Fixing Our Eyes on Jesus Involves Several Practices:**

1. **Prayer and Meditation:** Regularly spending time in prayer and meditation on God's Word allows us to deepen our relationship with Jesus and align our thoughts with His. Psalm 1:2-3, Joshua 1:8-9, Ephesians 6:12.
2. **Study Scriptures:** The Bible is where we learn more about who Jesus is, His teachings, and His example. This helps us understand His character and how to live according to His will. 2 Timothy 2:15
3. **Worship:** Engage in worship through singing, praise, and thanksgiving. Worship helps us focus on God. Psalm 100. 2 Chronicles 20:20-22
4. **Fellowship:** Surround yourself with other believers who can encourage and support you in your faith journey. Mathew 18:20. Hebrews 10:24-25, Romans 12:10, 1 Peter 4:9

5. **Obey His Commands:** Jesus said, "If you love me, keep my commands" John 14:15. Obedience to His teachings is a tangible way to demonstrate our love, trust for Him and keep our focus on His will. Isaiah 1:19, Mathew 7:24-27, Proverbs 3:1-3, John 14:15
6. **Trust and Surrender:** Trusting Jesus with every aspect of our life, and surrendering our will to His requires faith, humility, and acknowledging that He knows what is best for us and will guide us in the right path. Proverbs 3:5-6, James 4:7, Luke 9:23, Matthew 16:24
7. **Remember His Sacrifice:** Regularly reflect on Jesus' sacrifice on the cross and the salvation He offers. This helps us appreciate His love and encourages us to live in a manner worthy of His sacrifice. 1 John 4:10, Hebrews 9:14-15

### **Benefits of Fixing Our Eyes on Jesus**

Here are some benefits of keeping our eyes on Jesus:

1. Unwavering Focus: REMEMBER YOU BECOME WHAT YOU BEHOLD! Acts 4:13b,
2. Strength and Encouragement: . Psalms 46:1-3, Isaiah 41:10, Isaiah 43:1-3
3. Guidance and Direction: . Mathew 6:10, Psalm 37:23-24, Proverbs 16:9, John 6:35, James 1:5
4. Peace, Joy, fulfillment and Comfort: Phillipians 4:7 Hebrews 6:18–19. John 14:27. Romans 12:12.
5. Spiritual Growth: Psalm 42:1-2, 2 Peter 3:18 Confidence and Assurance( Faith): Hebrews 11:1,6.
6. Hope, Light and Inspiration: There is LIGHT in Christ. Psalm 36:9 TPT.. John 1:4-5 .Micah 7:7. Isaiah 40:31, Romans 15:13.
7. Protection from Sin: . Psalm 31:4, 2 Thessalonians 3:3: Romans 15:13.
8. Eternal Perspective: Keeping our eyes on Jesus helps us keep an eternal perspective, remembering our true home is with Him in heaven.

### **Disadvantages of Losing Sight of Jesus**

Here are some disadvantages of not keeping our eyes on Jesus:

1. Lack of Peace and Comfort: Deuteronomy 28:65, Proverbs 3:5-6 ,
2. Spiritual Dryness, Idolatry and Worldliness.
3. Sin and Temptation: .1 John 5:17 4. Fear, Anxiety, Confusion and Uncertainty. Proverbs 3:5-6 .Phillipians 4:6-7, 2 Timothy 1:7, 1 Peter 5:7
5. Eternal Consequences and eternal separation from Him, missing out on the gift of salvation. Romans 6:23

### **CONCLUSION**

Looking unto Jesus means fixing our eyes, focus, and trust continuously on Him. Keeping Jesus at the center of our thoughts, actions and aspirations. **The question to ask is Am I Christ focus, storm focus or fear focus?** Always remember He is the ultimate example of faith, endurance, and victory.